

THE EMOTIONAL INTELLIGENCE ADVANTAGE

For decades, organizations and leadership teams have placed a high value on employee intellectual intelligence or IQ. In some instances, if a person appeared to “know their stuff”; have the answers or deliver perceived results, they were often ignored if their self-management and interpersonal skills were lacking, destructive or demoralizing.

Today, thanks to leading edge research, astute leaders recognize the importance of individuals being both intellectually smart and emotionally smart. They know promotable people do “know their stuff” and they are also able to perform in an emotionally smart manner resulting in them being grounded, centered and focused in how to work with others to achieve what needs to be done in moving the company forward.

The good news is that emotional intelligence CAN be learned and improved.

WHAT YOU WILL LEARN

This one day workshop highlights Dr. June Donaldson’s emotional intelligence research and work that is trademarked as “Emotional SMARTS®”. Dr. Donaldson’s work is distributed internationally and it is appreciated for its simplicity, ease of use and applicability to real life situations. To learn more, please visit www.emotionalsmarts.com.

You will use the Emotional SMARTS® Self-Scoring Profile to identify your Emotional SMARTS® and highlight areas where you “shine” as well as areas where you might need enhancement. You will get ideas on how to make improvements during the insightful and energizing workshop activities. This session is interactive, participative and fun so come prepared to get involved.

At the end of this powerful one day workshop, you should be able to:

- Describe how the Emotional SMARTS® model can be applied to your work, home, and personal life
- Evaluate your proficiency in the 4 cornerstones of the Emotional SMARTS® model
- Identify the skills that might need improvement so you can receive greater, and more positive, results for your efforts.
- Consider emotionally smart strategies you could immediately incorporate in your life

WHO SHOULD ATTEND?

Anyone interested in success in their career and their life.